

How Can We Help You?

Are you suffering from menopause, weight loss, ADHD, ADD, smoking cessation, digestive challenges, skin disorders, joint pain, muscle strain, blood sugar imbalances, sleeping disturbances/insomnia, anxiety, depression, addictions, phobias, back pain, & head aches.

At Red Tree Natural Health we are passionate about providing well-rounded, whole body health. This encompassing approach to health care allows you to not only be symptom free, but to heal the cause of the symptom so that it doesn't keep repeating every couple of months. Patients at Red Tree Natural Health benefit from our services by having more energy, having better movement and flexibility without pain, improving their sports performance, losing weight, and by having an improved sense of wellbeing.

**You don't have
to suffer with
symptoms any
longer!**

**It is time to live
your life to
the fullest!**

Lifeline™ Technique

The Lifeline™ Technique recognizes that the subconscious mind plays a principle role in your health and ability to heal. This holistic healing system, endorsed by Louise Hay, Gregg Braden & Candace Pert, Ph.D., interprets the language of symptoms that speak to you as pain, stress or anxiety emotions that your subconscious mind has buried as a means of protection.

The subconscious mind reflexively controls 98% of how we process the information that comes in from our surroundings. If we do not have the tools, strategies or support in that moment of trauma, whether physical or emotional, to balance and flow with our emotions the subconscious mind will protect us by disconnecting us from our powers of the mind, heart, and will. This will cause our repressed emotions to become expressed as symptoms within our physical and biochemical bodies. The Lifeline™ helps you to reconnect to your powers and therefore allowing your body to naturally respond as it was designed as a self-healing organism.



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RED TREE

*Red Tree
Natural Health*





Services & Products

Amazon Herbs
Applied Kinesiology
Chiropractic
Earth Shoes
Egyptian Healing Rods
FlorAlive Flower Essences
Hypnotherapy
Massage
Nutritional Microscopy &
Counseling
PSYCH-K
Reiki
The LifeLine™ Technique
Yoga

About Dr. Robynn

Dr. Robynn graduated from Palmer College of Chiropractic in October of 2005. She is certified in Applied Kinesiology Chiropractic, the Lifeline™ Technique and UnCut FlorAlive™ Flower Essences. Every aspect of a person's body and life are important to achieve and maintain health. Structural alignment, nutrition, exercise, emotional well being, and spiritual well being are all equally important as we strive toward health and then work to keep it.

Applied Kinesiology (AK)

AK is a system that evaluates structural, chemical and mental aspects of the body to balance the major health categories. The Triad of Health is interactive and all sides must be evaluated for the underlying cause of a problem. A health problem on one side of the triad can affect the other sides. We use manual muscle testing with other standard methods of diagnosis to find where there is a muscle that is neurologically inhibited. This is a muscle that is not getting all the information or nourishment from the nervous system that it needs to optimally perform its specific function. We then determine why that muscle is not functioning properly and which corrections are needed to restore balance to the systems of the body.

Chiropractors

Doctors of Chiropractic are the only health care professionals who are thoroughly trained in the detection, location and correction of vertebral subluxations. In simplest terms, a subluxation (a.k.a. Vertebral Subluxation) is when one or more of the bones of your spine (vertebrae) move out of position and create pressure on, or irritate spinal nerves. Spinal nerves are the nerves that come out from between each of the bones in your spine. This pressure or irritation on the nerves then causes those nerves to malfunction and interfere with the signals traveling over those nerves.

How does this affect you? Your nervous system controls and coordinates all the functions of your body. If you interfere with the signals traveling over nerves, parts of your body will not get the proper nerve messages and will not be able to function at 100% of their innate abilities. In other words, some part of your body will not be working properly. It is the responsibility of the Doctor of Chiropractic to locate subluxations, and reduce or correct them. At Red Tree Natural Health this is done through a series of gentle chiropractic adjustments specifically designed to correct the vertebral subluxations in your spine."

The Doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease.

Thomas Edison - Inventor

